Captain Andrew's guide to safety equipment for your life raft and lifeboat

For life rafts

1. You have your ELP attached to you
2. Grab the boats EPIRB as well.
3. One rescue quoit with 30 meters of floating line.
4. One buoyant rescue knife with lanyard (two if life raft holds more than 13 persons).
5. One buoyant bailer (two if life raft holds more than 13 persons).
6. Two sponges.
7. Two sea anchors.
8. Two buoyant paddles.
9. Three tin openers and a pair of scissors.
10. One first aid kit in a resealable waterproof container.
11. One whistle or equivalent sound signal.
12. Four red rocket parachute flares.
13. Six red hand flares.
14. Two buoyant orange smoke signals.
15. One electric torch suitable for Morse signalling with spare batteries and bulb (in a waterproof container).
16. One radar reflector
17. One daylight signalling mirror.
18. One copy of life saving signals on waterproof paper.
19. One set of fishing tackle.
20. A food ration with an energy value of at least 10,000 kJ (2390 Calories) for each person the lifeboat is designed to hold, packed in airtight and waterproof packaging.
21. Watertight container with 1.5 litres of fresh water for each person the lifeboat is designed to hold. (0.5 litre per person may be replaced with desalination equipment).
22. One graduated rustproof drinking vessel.
23. Anti-seasickness medication sufficient for each person for 48 hours.
25. Immediate action instructions.
26. Thermal protective aids, two or for 10% of occupants, whichever is greater.
For lifeboats

1. You have your ELP attached to you
2. Grab the boats EPIRB as well.
3. A complement of buoyant oars, sufficient to make headway in calm seas (except for free-fall lifeboats).
4. Two boat hooks.
5. A buoyant bailer and two buckets.
7. Illuminated compass.
8. Sea anchor.
9. Two painters.
10. Two hatchets (one at each end of the lifeboat).
11. Watertight container with three litres of fresh water for each person the lifeboat is designed to hold. (One litre per person may be replaced with desalination equipment).
12. A rustproof dipper (with lanyard).
13. A rustproof graduated drinking vessel.
14. A food ration with an energy value of at least 10,000 kJ (2390 Calories) for each person the lifeboat is designed to hold, packed in airtight and waterproof packaging.
15. Four red rocket parachute flares.
16. Six red hand flares.
17. Two buoyant orange smoke signals.
18. One electric torch suitable for Morse signalling with spare batteries and bulb (in a waterproof container).
19. One daylight signalling mirror.
20. One copy of life saving signals on waterproof paper.
21. One whistle or equivalent sound signal.
22. One first aid kit in a resealable waterproof container.
23. Anti-seasickness medication sufficient for each person for 48 hours.
24. One jack knife attached by a lanyard.
25. Three tin openers.
26. Two rescue quoits with 30 meters of floating line.
28. One set of fishing tackle.
30. Fire extinguishing equipment suitable for liquid fires.
31. A searchlight.
32. A radar reflector.
33. Thermal protective aids, two or for 10% of occupants, whichever is greater.